

Infinite House of Praise
Solemn Assembly
Corporate Fast
January 2 – 8, 2012

Dr. Roderick L. Williams, Senior Pastor

Corporate Fasting Scriptures:

Joel 1:14

Sanctify ye a fast, call a solemn assembly, gather the elders and all the inhabitants of the land into the house of the LORD your God, and cry unto the LORD.

IHOP Church strongly encourages individuals with health concerns to consult their doctor prior to beginning a fast. This is especially important if you take prescription medications or have a chronic condition. Some people should never fast without professional supervision.

Fasting Preparation

Spiritual Preparation

- 1. Confess sins to God (1 Jn. 1:8,9).**
- 2. Forgive all who have offended you and ask forgiveness of those you may have offended (Mk. 11:25, Luke 11:4; 17:3-4).**
- 3. Surrender your life fully to Jesus Christ and reject the worldly desires that try to hinder you (Romans 12:1-2).**
- 4. Ask God to reveal activities in your life that should be laid aside during this time of seeking Him.**
- 5. Spend time daily reading and meditating in God's word (Ps. 1:1-3).**
- 6. Pray as often as you can during the fast.**

Fasting Preparation

Benefits of fasting with expectation:

- 1. Allows us to receive guidance, wisdom, instruction, and knowledge from God (Dan. 9:20- 23 & Is. 58:10,11)...Expect Revelation From God!**
- 2. Enables us to receive the fullness of God's power for ministry (Matt. 17:21). A fast will ignite the power of the Spirit within you...Expect Spiritual Empowerment!**
- 3. Brings breakthroughs in difficult circumstances or in the lives of those who are resistant to the Gospel...Expect Deliverance & Breakthrough!**
- 4. Increases our spiritual capacity by exerting discipline over our physical appetites and bringing the body under subjection to what the Spirit desires (Matt. 5:6)...Expect A Hunger & Thirst For Righteousness!**



Corporate Fast Guidelines

DAY 1 - Monday, January 2, 2012

Prayer Focus: Clear Vision

Scripture Reading: Mark 8:23-25

Agreement:

**Father touch our eyes
so that we can see our destiny
clearer than before. Remove all
doubt and hopelessness that would
block the manifestation of our
vision.**

**Rhema: Does your whole family understand and buy into a common vision for advancement?
(Acts 4:32-34 & 14:9-11)**



Corporate Fast Guidelines

DAY 2 - Tuesday, January 3, 2012

Prayer Focus: Protection For Our Families

Scripture Reading: Psalm 91; Isaiah 43:1-2

Agreement: Lord protect our family from the enemy in 2012; prevent his intentions to divide and conquer us.

Rhema: Does your family live in unity?
(John 10:30; 14:9-11)



Corporate Fast Guidelines

DAY 3 – Wednesday, January 4, 2012

Prayer Focus: Unity

Scripture Reading: Ephesians 4:1-3

Agreement: God help my family to learn to work together. Heal us from past wounds that cause us to distrust each other. Make us over so that we can work in agreement.

Rhema: Can you count on other members in your family to do unto you what you have done unto them?

(Math 7:12)



Corporate Fast Guidelines

DAY 4 - Thursday, January 5, 2012

Prayer Focus: Love

Scripture Reading: Matthew 22:37-40; 1 John 4:8

Agreement: Lord help our family to love each other in the way that you have loved us. Overcome our pride, arrogance, bitterness and anger with your compassion for us. My love for others is a reflection of my love for you.

Rhema: Do you struggle to forgive others who have sinned against you, even after they have repented?

(Matt 18:21-35; Matt 18:15-17)



Corporate Fast Guidelines

DAY 5 - Friday, January 6, 2012

Prayer Focus: Deliverance From Generational Sins

Scripture Reading: Exodus 20:4-7

Agreement: Father, we are all born into sin and shaped in iniquity which cause us to fall short of your glory. There are iniquities in our family that impose on my life and cause me to struggle. I cry for your help to overcome the transgressions of my parents, grandparents and any of my ancestors so that they will not effect the next generation.

Rhema: Is every member of your household saved? Have you offered Christ as the solution to the problems of your extended family members?

(Romans 10:9-10)



Corporate Fast Guidelines

DAY 6 - Saturday, January 7, 2012

Prayer Focus: Reaping and Sowing

Scripture Reading: Galatians 6:6-18

Agreement: Lord, help us to trust you that our level of faith is increased to sow to a level of our expected desire to receive. So I will now give in a way that will increase my physical, spiritual and financial harvest.

Rhema: Do the things that you received in life seem to provide mediocrity or unpleasant results? I recommend that you change the size increment of your seeds, knowing that the measure of your blessing will change and grow in good measures.
(Luke 6:38)



Corporate Fast Guidelines

DAY 7 – Sunday, January 8, 2012

Prayer Focus: Purpose

Scripture Reading: Isaiah 25:1

Agreement: God help me to discover my divine purpose in you; that I may fulfill your perfect will in this world.

Rhema: Have you ever felt that you could have missed your calling or that your purpose in God has not been revealed? Remember as long as you have breath you still have purpose.

(Jeremiah 29:11)



Corporate Fast Guidelines

*(Breakfast Only) My Fast time 10:00 am – 12: 00 Midnight


*(Lunch Only) My Fast time 5:00 pm – 10:00 am

*(Dinner Only) My Fast time 12:00 Midnight – 5:00 pm

Example: If during my fast, I'm "Eating Dinner Only" my fast time will take place between 12:00 Midnight – 5:00 PM.



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PSALMS 34:1

**INFINITE HOUSE OF PRAISE
MINISTRIES**